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MOOD SWINGS AND HOW PEOPLE CHANGE

By Laura Hendrickson

From the series: Feelings, Something More than Feelings (WP08),
Something More than Feelings (WP08)

Topics: Emotions, Women

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Hormones from things like PMS, Pregnancy and Menopause can leave women feeling like they are on a mood-swing merry-go-round. This session discusses how women can learn to manage their emotions during these challenging times in a way that honors God.

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